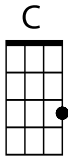


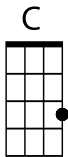
Stage 1 – Strumming your First Chords

Exercise 1 – The C Chord



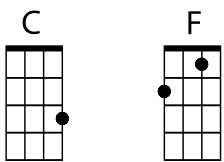
1 2 3 4 1 2 3 4 1 2 3 4
 ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓

Exercise 2 – Your first song



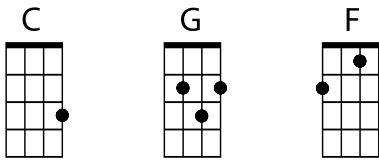
1	2	3	4		
↓	↓	↓	↓		
Row	row	row your	boat		
Gently	down the	Stream			
Merrily		merrily	merrily	merrily	
Life is	but a	dream			

Exercise 3 – C and F Chords



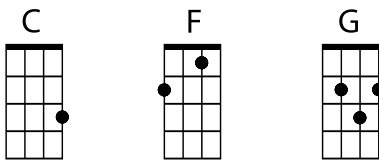
[C]				[F]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓
[C]				[F]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓

Exercise 4 – C, F and G Chords



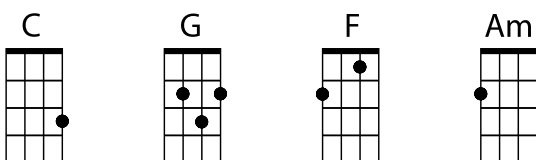
[C]				[G]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓
[F]				[G]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓
[C]				[G]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓
[F]				[G]			
1	2	3	4	1	2	3	4
↓	↓	↓	↓	↓	↓	↓	↓

Exercise 5 – adding the Up strum



1	and	2	and	3	and	4	and
↓	↑	↓	↑	↓	↑	↓	↑
1	and	2	and	3	and	4	
↓	↑	↓	↑	↓	↑	↓	

Exercise 6 – The Am Chord



(Repeat with each chord)

1	and	2	and	3	and	4	and
↓	↑	↓	↑	↓	↑	↓	↑
1	and	2	and	3	and	4	and
↓	↑	↓	↑	↓	↑	↓	↑