

## 7 Basic Strumming Patterns in 4/4 time

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ |     | ↓ |     | ↓ |     | ↓ |     |

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ | ↑   | ↓ | ↑   | ↓ | ↑   | ↓ | ↑   |

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ |     | ↓ | ↑   | ↓ |     | ↓ | ↑   |

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ | ↑   | ↓ |     | ↓ | ↑   | ↓ |     |

### Calypso Strum

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ |     | ↓ | ↑   |   | ↑   | ↓ | ↑   |

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> |   |     | ↓ | ↑   |   |     | ↓ | ↑   |

|              |   |     |   |     |   |     |   |     |
|--------------|---|-----|---|-----|---|-----|---|-----|
| <b>Beat</b>  | 1 | and | 2 | and | 3 | and | 4 | And |
| <b>Strum</b> | ↓ |     | ↓ | ↑   | ↓ | ↑   | ↓ | ↑   |